

Par	Score		Par	Score		Par	Score	
2	_____	Bunker Short	1	_____	Putt 3 Feet	2	_____	Short Chip
2	_____	Bunker Short	1	_____	Putt 3 Feet	2	_____	Short Chip
2	_____	Bunker Short	1	_____	Putt 3 Feet	2	_____	Short Chip
2	_____	Bunker Long	2	_____	Putt 30 Feet	2	_____	Long Chip
2	_____	Bunker Long	2	_____	Putt 30 Feet	2	_____	Long Chip
1	_____	Driver Fairway	2	_____	Putt 30 Feet	2	_____	Long Chip
1	_____	Driver Fairway	2	_____	Putt 60 Feet	2	_____	30 yd. Pitch
1	_____	Driver Fairway	2	_____	Putt 60 Feet	2	_____	40 yd. Pitch
1	_____	Driver Fairway	2	_____	Putt 60 Feet	2	_____	50 yd. Pitch
1	_____	Driver Fairway						
1	_____	Driver Fairway	_____		9 - Hole Putt Total	_____		9 - Hole Chip/Pitch Total
1	_____	Driver Fairway	_____		16 - Hole Bunker/Driver Total			
1	_____	Driver Fairway						

1) THINK BOX (Behind the ball)

- Consider the variables of the shot (lie, stance, distance, wind direction)
- Verbalize what you intend to do

2) PLAY BOX (Standing over the shot)

- Focus on the shot
- Commit to what you verbalized in the think box
- Decide, Commit, Swing

Rules of Play

- 1) Every shot must be played to a different target or different line.
- 2) Pre shot routine must be done prior to each shot.
- 3) Post shot routine must be done after every shot.
- 4) If you are going to practice, make it useful time, not time used up.
- 5) Focus on what you can control.
- 6) Driver - Visualize where the fairway is on the range. Don't cheat, make the fairway fairly tight. If you hit the fairway with the initial drive, the score recorded on the card is 1. If the fairway is not hit then the player continues to hit drives until successful. The number of drives needed to hit the fairway is the score recorded.

NOTES